

# La Magdeleine



## Some information...

Altitude: 1664 metres

Inhabitants: 91

Mountain resource: the water

<http://www.comune.la-magdeleine.ao.it/>



## Water-mills footpath

In La Magdeleine has been marked an interesting "mills footpath" that offer the possibility to visit eight recently restored water-mills.

The water of the stream foment the mills that are situated along the same watercourse.

These mills (some of them are still operative) are used to grind the cereals such as barley, oat and wheat that in the past grew in the fields of this delicious village.

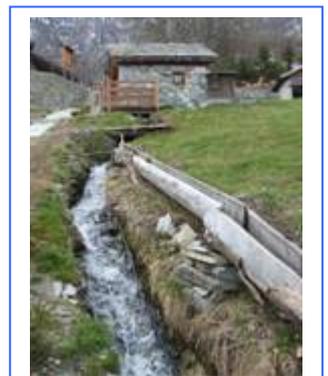
The meal was produced and used to cook the rye bread in the four ovens of the village and was the staple of the local population.

## Douce Vallée farm

The "Douce Vallée" farm is located among the trees on the green Aostan mountains at an altitude of 1300 metres in Boesse, a village of the Chatillon Municipality in Valle d'Aosta.

On the tree-line there is a restored rural house surrounding by raspberries, redcurrants, wood strawberries and vast pastures crossed by roes, fawns, chamois and ibexes. When you visit the farm you meet Paola, the owner, who shows and describes her work. She picks the fruit with her family and she prepares delicious jams, jellies and raspberries vinegar.

In summer many tourists, spellbound by the splendid nature, visit the farmhouse and buy the products: raspberries vinegar, jams and fresh fruit.



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